Essential Learnings
Birth – 3 Years

Essential Learnings Team
Learning Outcomes and Curriculum
Department of Education and Childhood Services
FUTURES

Who I want to be
How I want the world to be for me and others

I ask and respond to questions in non verbal and verbal ways

I try to find answers for myself

I am beginning to help at The Centre and at home

I am beginning to recognise when someone is helping or hurting another?

I am beginning to recognise some patterns and how they are connected eg when a familiar adult arrives I can expect them to play a certain game

I am beginning to care for my environment and I am curious about it

I am beginning to express some of my thoughts

I am beginning to predict and manage some routine changes in my life

I want to make choices about my interaction with the world eg clothes, toys
IDENTITY

Who I am

I let people know when I need help

I can do lots of things for myself

I play with others and I can play by myself

I can recognise my family and myself

I have a special bond with some family members

I feel good about being me

I can say ‘No and Yes’

I am beginning to see when others are being unfair and am learning to voice my concerns

I pretend to be different characters and animals

I ask questions about other people - who they are? why they are as they are?

I know my name

I describe myself by a range of attributes eg looks, sister, girl/boy or age

I recognise familiar objects that belong to me.
INTERDEPENDENCE

Where and how I fit with others and my world

I can make decisions and choices

I am beginning to help others

I beginning to care for living things

I like playing with others - singing songs together or dancing and moving

I am beginning to share and am learning to wait for short periods

I can make friends

I show others I care about them through words and other gestures

I am learning about the need to care for the environment.

I notice and am interested that some other people are different to me
THINKING

How I understand the world

I am interested in things and I like to explore and find out about how things work and change

I can plan some things by myself and with others

I like to join in activities and use all my different senses to play with people and things in my natural, social and built worlds

I can solve some problems by myself and with others

I can pretend that some objects are something else
I can pretend to be someone/something else

I like to have fun and enjoy playing with language

I can remember some things and can tell some stories

I can think in different ways

I am beginning to recognise differences and can sort some things.

I stop doing something, change my mind, and do it differently when I think about how something didn’t work or an adult asks me a question
COMMUNICATION

How I express myself and interact with others

I am beginning to try to explain some things to others

I can listen to others

I am beginning to recognise and respond to signals from others eg facial expressions, tone of voice, body language

I like to listen to stories and look at books and a range of visual images

I can talk about some of the things I have heard and seen and am beginning to explore the notion of time and space eg taking an adult by the hand to show them something in another room or place

I can share my ideas and feelings in different ways verbal and non-verbal eg. through play, through talking, through music and movement

I am beginning to experiment with and use some different technologies like activity boards, telephones and keyboards

I am beginning to change how I communicate depending on whom I am with

I feel confident communicating with familiar people.